

OUR THREE TIERED APPROACH TO POSITIVE MENTAL HEALTH

STEP ONE

PASTORAL LESSONS

WHOLE SCHOOL
EVIDENCE-BASED
APPROACH BASED
ON RULER

ELSA

SOCIAL
SKILLS

ADULT
MENTOR

LEGO
THERAPY

STEP TWO

STEP THREE

EDUCATIONAL
PSYCHOLOGIST

CHILD &
ADOLESCENT
MENTAL HEALTH
SERVICE

PUPILS HAVE ACCESS TO PEER MENTORS, EVERY LUNCHTIME