

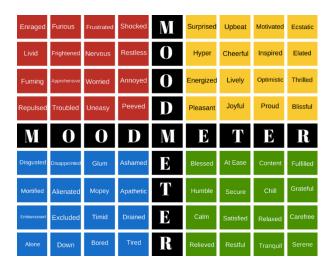
WEEK COMMENCING 27th April



Cheerfulness-high energy, pleasant emotion.



Find cheerfulness on the mood meter.



YOUR TASK

Think of each occasion when you have felt cheerful. What made you feel that way?

	What were you doing?
One occasion, last week	
Yesterday	
Today	