



## Flapjacks

### Ingredients:



300g porridge



oats

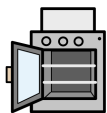
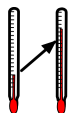


200g butter



200g syrup

### Method:



180°C

1. Preheat oven to 180 degrees.



2. Line a baking tray with butter and baking paper.



3. Melt the butter in a pan.



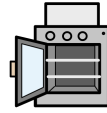
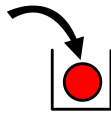
4. Add the syrup and mix for a few minutes.



5. Gradually, add the oats and mix well.



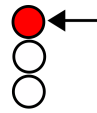
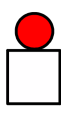
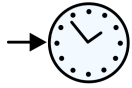
6. Spread the mixture in the baking tray.



15



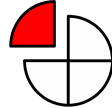
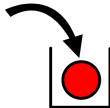
7. Put the tray into the oven for 15 to 20 minutes or



until golden brown on the top.



8. Leave to cool for 15 minutes



9. Cut into pieces.