



Lesson three: Dealing with conflict

Activity One:



Elli was having an argument with her friend. They both started shouting at each other. What should she do next?

Tick the sentences which would help resolve this issue.

Storm off.

Refuse to listen to them.

Acknowledge that they are upset and ask if it would be helpful to talk to a peer mentor.

Hurt them.

Imagine your best self.

Try to find a compromise.

Shout louder.

Speak calmly and politely.

Tell other people not to play with them.

Take 2 minutes to cool down.