

Lesson 5: Staying Alive



- I can use scientific language to describe the ways in which nutrients and water are transported within the human body.



Quiz time! True or False?

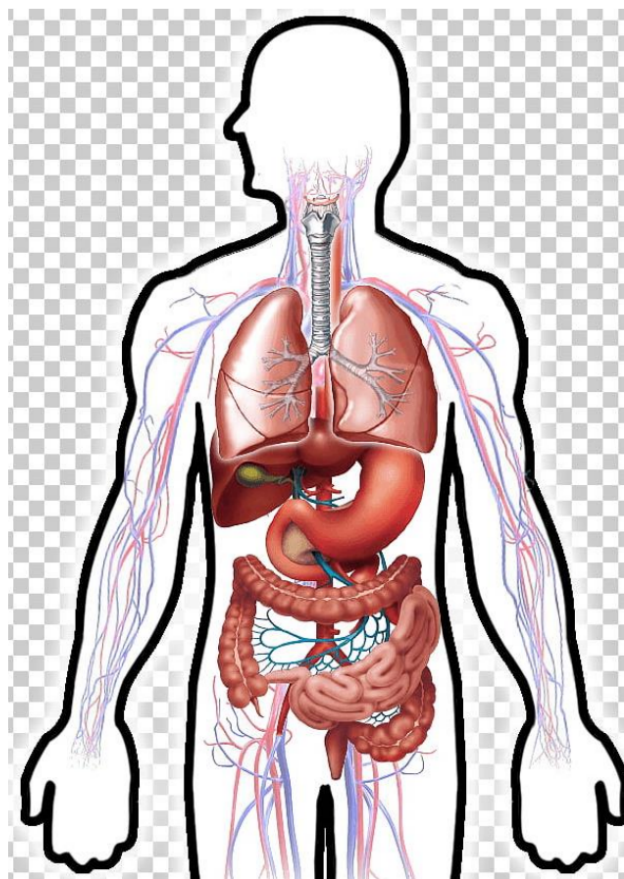
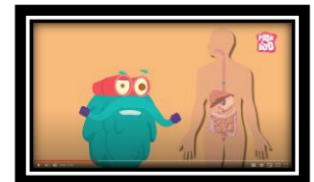
	True	False
John Boyd Orr deprived children from having milk in school.		
Malnutrition can affect children’s growth.		
Exercise is the only way to have a healthy body.		
Eating fruit provides your body with plenty of calcium, making your bones stronger.		



The digesting system

Watch the following video and label the different parts of the body food travels through.

[Digestive System | The Dr. Binocs Show | Learn Videos For Kids - YouTube](#)





Watch the video again and describe the journey nutrients and water undertake in our bodies using the words below.

veins	blood stream	water	carry
arteries	stomach	digestion	nutrients
heart	blood vessels	absorb	circulate

	<p>Firstly,</p>
	<p>Secondly,</p>
	<p>Thirdly,</p>
	<p>After that,</p>
	<p>Finally,</p>