LUNCHTIME CO

Week 1

CHARLES DICKENS PRIMARY SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Poppy seed bloomer	Wholemeal	Garlic bread	Rosemary wholemeal	Focaccia
Pasta Bowl	Macaroni cheese	Tomato & Basil Penne	Macaroni Cheese	Roasted Vegetable	Tomato & Basil Penne
Menu Choice 1	Vegetable paella	Sweet potato curry with rice	Roasted vegetable & cheese wrap	Vegetable kebab with rice	Noodles with sweet peppers and courgette
Menu choice 2	Chickpea and lentil korma, rice and naan wedge	Vegetable flat bread pizza	Jacket potato with beans and cheese	Quorn Sausages with roasted potatoes & stuffing	Fish fingers & Chips
Desserts	Chocolate brownie *Sliced fresh fruit, natural yoghurt*	Mixed berry muffin *Sliced fresh fruit, natural yoghurt*	Pancake & sauce *Sliced fresh fruit, natural yoghurt*	Carrot cake *Sliced fresh fruit, natural yoghurt*	Apple sponge pudding with custard *Sliced fresh fruit, natural yoghurt*

Available daily:

Fresh seasonal vegetables

Help yourself salad bar

Some of our food may contain allergens. Please ask our chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.

LUNCHTIME Co

Week 2

CHARLES DICKENS PRIMARY SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Poppy seed bloomer	Wholemeal	Garlic bread	Rosemary wholemeal	Focaccia
Pasta Bowl	Creamy tuna & sweetcorn pasta bake	Tomato & basil	Vegetable bolognese	Macaroni cheese	Tomato and Vegetable
Menu choice 1	Cheese and Tomato pizza	Aubergine and pepper bake	Vegetable korma & rice	Quorn fillet with roasted potatoes and stuffing	Cheese and onion pastry
Menu choice 2	Thai vegetable curry with rice	Crunchy taco with Cajun quorn and salad	Jacket potato with beans and cheese	Broccoli and cauliflower bake	Battered fish and chips
Desserts	Chocolate sponge & sauce *Sliced fresh fruit, natural yoghurt*	Shortbread cookie *Sliced fresh fruit, natural yoghurt*	Lemon drizzle cake *Sliced fresh fruit, natural yoghurt*	Banana cake *Sliced fresh fruit, natural yoghurt,*	Ice cream & mixed berry sauce *Sliced fresh fruit, natural yoghurt*

Available daily:

Fresh seasonal vegetables

Help yourself salad bar

Some of our food may contain allergens. Please ask our chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.

LUNCHTIME CO

Week 3

CHARLES DICKENS PRIMARY SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal	Poppy seed bloomer	Rosemary wholemeal	Focaccia
Pasta Bowl	Tomato and basil	Macaroni cheese	Vegetable lasagne	Spicy tomato	Roasted pepper
Menu choice 1	Roasted vegetable stir fry with rice	Vegetable & chickpea masala	Vegetable chilli and rice	Mediterranean vegetable pitta bread pizza	Cajun quorn with wedges
Menu choice 2	Cheese and Tomato Pizza Slice	Roasted Vegetable Wrap	Jacket potato with cheese and beans	Quorn sausages and roasted potatoes	Breaded fish and chips
Desserts	Chocolate cookies *Sliced fresh fruit, natural yoghurt*	Fruity flapjack *Sliced fresh fruit, natural yoghurt,*	Cheesecake with fruit compote *Sliced fresh fruit, natural yoghurt*	Berry mousse *Sliced fresh fruit, natural yoghurt*	Fruit jelly *Sliced fresh fruit, natural yoghurt*

Available daily:

Fresh seasonal vegetables

Help yourself salad bar

Some of our food may contain allergens. Please ask our chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.