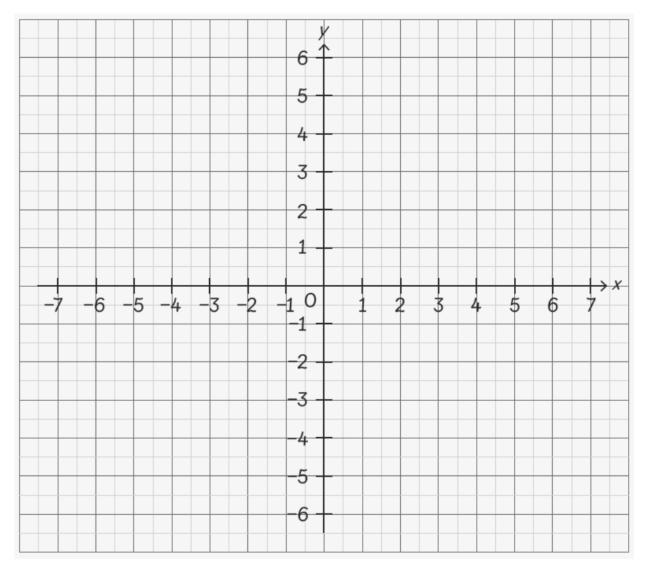
## Mind Workout

When some shapes undergo a reflection, they end up at the same overall position as they do after a translation.

Is this possible for:

- (a) a rectangle?
- (b) a parallelogram?

If it is possible, show an example by drawing on the grid below.



Describe the reflection and the translation.

1		
1		
1		
1		
1		
1		
1		