

THE PSHCE CURRICULUM

YEAR ONE

- A1 Citizenship: Being part of a community
- A2 Diversity: Who am I?
- SP1 Growing and Caring for Ourselves
- SP2 Looking after our bodies
- S1 Medicines and People who help us
- S2 Needs, Wants and Dreams

YEAR TWO

- A1 Citizenship: Different Communities
- A2 Diversity: What is identity?
- SP1 Differences
- SP2 Staying Healthy
- S1 Keeping Safe
- S2 Skills for the Future

YEAR FOUR

- A1 Citizenship: What is citizenship?
- A2 Diversity: What is inclusion
- SP1 RSE: Growing Up
- SP2 Healthy Lifestyles
- S1 Drugs, Alcohol, Tobacco: Understanding Alcohol
- S2 Preparing for the Future: Thinking about the future

YEAR THREE

- A1 Citizenship: What is a citizen?
- A2 Diversity: What is diversity?
- SP1 RSE: Valuing Difference and Keeping Safe
- SP2 Healthy Lifestyles: Staying Safe
- S1 Drugs, Alcohol, Tobacco: Understanding Smoking
- S2 Preparing for the Future: Preparing for everyone's future

YEAR FIVE

- A1 Citizenship: What is democracy?
- A2 Diversity: What do I believe?
- SP1 RSE: Puberty
- SP2 Healthy Lifestyles: Health and Habits
- S1 Drugs, Alcohol, Tobacco: Understanding Legal and Illegal drugs
- S2 Preparing for the Future: Preparing for the future

YEAR SIX

- A1 Citizenship: What is democracy?
- A2 Diversity: What do I stand for?
- SP1 RSE: Puberty, Relationships and Reproduction
- SP2 Healthy Lifestyles: Keeping Others Safe
- S1 Drugs, Alcohol, Tobacco: Unhealthy habits - Preventing early use
- S2 Preparing for the Future: Thinking about my future