

Lesson 4: What happens at a Sikh wedding?

In Sikhism a **wedding** is a huge event, it is not just the joining of two people in marriage but the joining together of two families.

The ideal marriage is described in the **Guru Granth Sahib** as two people “who have one spirit in two bodies”.

Sikh weddings usually take place in the morning and they start with the **Milni** where the bride and groom’s families come together to sing Sikh hymns and greet each other as they prepare to bring their families together.

After the **Milni** the families come inside the gurdwara. The bride and groom sit in front of the **Guru Granth Sahib** – the Sikh holy book.

The **Granthi** reads the teachings on marriage to the couple.

After the official ceremony in the gurdwara there will normally be a big party with food, music and dancing.

Sikh weddings are usually huge celebrations for the community and for both of the families involved.



