Lesson 5: What is Liberation Theology all about?

Liberation Theology is a movement within the Catholic Church. Its followers believe that Christianity's main mission should be to help the poor and that God speaks particularly through the poor.

They believe the Bible can only be understood when seen from the perspective of the poor and those in need.

It emerged from Catholic churches in South America in the 20th century because people there didn't believe the church was doing enough to help the poor.



A mural in South America showing Jesus sharing supper with all people



Fill in the table looking at the Bible quotes that influenced Liberation Theology

Bible Quote	What does this mean? – in your own words	How might a Christian act in response to this?
Luke 6:20-21 Then [Jesus] looked up at his disciples and said: "Blessed are you who are poor, for yours is the kingdom of God. Blessed are you who are hungry now, for you will be filled. Blessed are you who weep now, for you will laugh."		
Luke 1:52-53 [God] has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty.		
Luke 4:18 "The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free"		