



Activity One:



Lisa recently did her home learning wrong. She got upset because she had spent all Sunday on it! As a result, she decided she wasn't going to do her home learning any more.

Does Lisa have a growth mind-set?

What advice would you give to Lisa?

INSTEAD OF.....	TRY THINKING....
I'm not good at this	What am I missing?
I give up	I'll use a different strategy
It's good enough	Is this really my best work?
I can't make this any better	I can always improve
This is too hard	This may take some time
I made a mistake	Mistakes help me to learn
I just can't do this	I am going to train my brain
I'll never be that smart	I will learn how to do this
Plan A didn't work	There's always Plan B
My friend can do it	I will learn from them