

Year 3 Wellbeing Lessons

Lesson Eight: Growth mindset

Watch: <https://www.youtube.com/watch?v=EIVUqv0v1EE>

What did it tell you? (Summarise)

Activity two: Draw lines from fixed mind set to statements which match its definition. Then draw lines from growth mindset to statements which match its definition.

Fixed
Mindset

Learning from your mistakes

Not willing to learn from others

Keep on trying until you
succeed

Growth
Mindset

Not wanting to learn or try new
things