



### Lesson three: Effective communication

For the following scenarios write down effective and ineffective forms of communication.

Activity One:



	Ineffective	Effective
<b>Example:</b> You get blamed for something you didn't do.	<ul style="list-style-type: none"><li>-You shout at the adult.</li><li>-You storm off.</li><li>-You say something nasty to the person who got you in trouble.</li><li>-You slam the door as you leave.</li></ul>	<ul style="list-style-type: none"><li>-You remain calm and politely explain what really happened. If this isn't working you take a bit of time away from the situation and then try again.</li></ul>
You accidentally get given the wrong lunch.		
Your teacher miss-hears you.		
Your friend hurts your feelings.		
You want to invite some people from the class to your birthday but not everyone.		