



Lesson Seven: Growth mind-set

1. Babies are always trying new things. They have to learn to do everything!



2. But as we get older, we find it hard to stay positive about trying new things. It can make us sad if we make mistakes.



3. People used to believe that...

No matter how much you learn or how hard you work, your intelligence stays the same!

Scientists believed that you could not change how clever you are, or what you can achieve.

It was thought that you could not change this, no matter what your attitude was.



4. Now we believe that...

Mindset matters!

In 2008, scientists found that geniuses are more likely to have a positive attitude. Geniuses are not born brilliant – they are really good at keeping trying when things are tricky, and trying new things to make their work better.



Complete the final slide to explain what Growth mind-set is.

