

The Monster Within

Glossary

Word	Definition
to lose your temper	to get angry

Vocabulary Starter

Word	Definition
snarl	

- 1 Find the word in the text which means the opposite of the word in the box.

Word	Opposite Word
worst	
beautiful	
sweet	

- 2 What does Dad think the worst thing you can lose is?

- 3 What is the name of the author's dog? _____

- 4 Choose the word which describes how the monster feels.

lonely

joyful

tired

- 5 Where is the cold, dark place that the monster lives?

6

What feeling or emotion is the monster inside us?

7

Tick whether the following statements are true or false.

	True	False
The author was angry with her Dad.		
Counting to 10 makes the monster worse.		
A bad temper is a terrible thing.		

8

Do you think that Dad's idea to help control your anger is a good one? Why/why not? What do you do when you are angry?

9

What do you do when you are angry?

Extension activity

The monster can make trouble for you because _____

We all have a monster inside but _____

Remember to count to 10 so _____
